Profile

Sonya Weiland, Founder of Your Partner in HR, has focused her career on building positive team environments and is a recognized strategic partner in HR to many organizations in the Cleveland Area. Sonya has partnered with Senior Executives to develop talent optimization and HR solutions with a clear link to business results. Her expertise includes the design and implementation of training, creating HR systems, performance management systems and talent management. She has worked in a



variety of industries including service, manufacturing, and not-for-profit organizations. Sonya is also sought after for speaking engagements on HR and leadership topics providing both keynote speeches as well as breakout sessions. Prior to establishing her own consulting practice in 2007, WeilandWorks Consulting, Sonya was an HR Leader for Macy's Department Stores as well as an Operations and Sales Manager for multiple organizations.

Sonya specializes in creating and delivering training programs that led to stronger, more productive teams. Key training topics include Communication, Teamwork, Leadership, Goal Setting and Time/Stress Management. Sonya is recognized for her energetic and interactive training style.

Professional Development

Sonya is a Professional in Human Resources (PHR) through the <u>Human Resource Certification Institute</u> and Certified Professional (SHRM-CP) member of <u>The Society for Human Resource Management</u>. Her professional interests include the human resource policy implications of federal laws & regulations, and the struggles of non-profit organizations & small businesses to meet their human resource needs.

An advocate for community involvement, Sonya has served as Vice Chair for a local non-profit, as well as, an interim Executive Director, Advisory Board member and volunteer for multiple non-profit organizations.

Publications and Presentations

Sonya is the founder of YourPartnerInHR.com, an online HR Support and Educational Site and has contributed to articles in The Cleveland Plain Dealer and various HR Publications. She has presented keynote addresses for corporations and associations, as well as, designed and delivered multiple workshops. Sonya has presented to fellow HR Professionals at various SHRM Chapter Meetings and at numerous HRStar Conferences. She has also been a presenter or keynote speaker for many Veteran-focused Organizations, Women's Leadership Initiatives and Small Business Conferences across the US. Sonya has been most recently recognized as a 2018 WELDing Your Way Honoree.

